

## Skills Bootcamp in Health & Social Care

# Essential Skills for Professional Growth

Duration: 8 weeks | Location: Canterbury & Thanet

The programme covers core leadership and management skills required in Health and Social Care settings including communication, supervision of staff, decision making, problem solving, and managing workload within care teams.

Week	Date	Time	Delivery	Module Title
1	Tue 26/05/2026	09:30-16:30	In-person	Developing your Practice in Care
	Thurs 28/05/2026	10:00-13:00	Online	Self-Management and Personal Effectiveness in Health & Social Care
2	Wed 03/06/2026	10:00-13:00	Online	Managing Stress and Supporting Wellbeing in Care Teams
3	Tue 09/06/2026	09:30-16:30	In-person	Supervising First Aid for Mental Health (NUCO) — Level 3 Award (Day 1)
	Wed 10/06/2026	09:30-16:30	In-person	Supervising First Aid for Mental Health (NUCO) — Level 3 Award (Day 2)
4	Tue 16/06/2026	10:00-13:00	Online	Managing Workload, Priorities and Personal Effectiveness in Care Services Part 1
	Wed 17/06/2026	10:00-13:00	Online	Managing Workload, Priorities and Personal Effectiveness in Care Services Part 2
5	Tue 23/06/2026	10:00-13:00	Online	Leading and Developing Effective Care Teams Part 1
	Wed 24/06/2026	10:00-13:00	Online	Leading and Developing Effective Care Teams Part 2
6	Tue 30/06/2026	10:00-13:00	Online	Communication for Supervising Care Teams Part 1
	Wed 01/07/2026	10:00-13:00	Online	Communication for Supervising Care Teams Part 2
7	Tue 07/07/2026	10:00-13:00	Online	Developing a Positive Culture in Health & Social Care
	Wed 08/07/2026	09:30-16:30	In-person	Principles of Safeguarding and Protection in Health and Social Care — Level 3
8	Tue 14/07/2026	09:30-14:00	Online	Effective Supervision and Staff Development in Health & Social Care Part 1
	Wed 15/07/2026	09:30-14:00	Online	Effective Supervision and Staff Development in Health & Social Care Part 2

[Register Here](#)