

## Skills Bootcamp in Health & Social Care

# Essential Skills for Professional Growth

Duration: 8 weeks | Location: Medway, Maidstone, Swale

The programme covers core leadership and management skills required in Health and Social Care settings including communication, supervision of staff, decision making, problem solving, and managing workload within care teams.

Week	Date	Time	Delivery	Module Title
1	Wed 23/09/2026	09:30-16:30	In-person	Developing your Practice in Care
	Thurs 24/09/2026	10:00-13:00	Online	Self-Management and Personal Effectiveness in Health & Social Care
2	Wed 30/09/2026	10:00-13:00	Online	Managing Workload, Priorities and Personal Effectiveness in Care Services Part 1
	Thurs 01/10/2026	10:00-13:00	Online	Managing Workload, Priorities and Personal Effectiveness in Care Services Part 2
3	Wed 07/10/2026	09:30-16:30	In-person	Supervising First Aid for Mental Health (NUCO) — Level 3 Award (Day 1)
	Thurs 08/10/2026	09:30-16:30	In-person	Supervising First Aid for Mental Health (NUCO) — Level 3 Award (Day 2)
4	Wed 14/10/2026	10:00-13:00	Online	Leading and Developing Effective Care Teams Part 1
	Thurs 15/10/2026	10:00-13:00	Online	Leading and Developing Effective Care Teams Part 2
5	Wed 21/10/2026	10:00-13:00	Online	Communication for Supervising Care Teams Part 1
	Thurs 22/10/2026	10:00-13:00	Online	Communication for Supervising Care Teams Part 2
6	Wed 28/10/2026	10:00-13:00	Online	Developing a Positive Culture in Health & Social Care
	Thurs 29/10/2026	09:30-16:30	In-person	Principles of Safeguarding and Protection in Health and Social Care — Level 3
7	Wed 04/11/2026	10:00-13:00	Online	Managing Stress and Supporting Wellbeing in Care Teams
	Thurs 05/11/2026	10:00-13:00	Online	Effective Supervision and Staff Development in Health & Social Care Part 1
8	Wed 11/11/2026	09:30-14:00	Online	Effective Supervision and Staff Development in Health & Social Care Part 2
	Tue 12/11/2026	09:30-14:00	Online	Reflective Review and Progression Planning

[Register Here](#)